



# Welcome to our fourth ezine!

## KEEP US UP TO DATE

There are times when it becomes necessary for us to contact patients at short notice, e.g. in the event of a dentist being ill or equipment failure. Our greatest frustration is if we cannot avoid you making a wasted journey. Please, please, please remember to tell us if any of your contact details have changed.



## What goes on through there?

Believe it or not, this is the question most patients ask while standing at the Coach House reception desk and the 'through there' they are referring to is our sister practice Cedar Clinic.

**What's the difference between Cedar Clinic and Coach House?**  
Coach House is a general dental practice – a little like your own doctor's surgery.

Cedar Clinic is a centre for advanced and specialist dental services, rather like attending hospital to visit a consultant.

**What kinds of treatment does Cedar Clinic provide?**

Cedar Clinic's range of treatments fall into two main groups:

**The care and treatment of patients who fear the dentist.**

Cedar Clinic's caring team of understanding staff, and dedicated sedation suite, help such patients achieve a healthy mouth and improved smile whilst overcoming their anxiety.

**Advanced and specialist treatments which include:**

- Orthodontics – for adults and children, offering the latest techniques to straighten teeth, including the new invisible systems
- Periodontics – for problems associated with gum disease
- Endodontics – for complex root treatments
- Oral Surgery – for treatments such as impacted wisdom tooth removal
- Dental Implants – the permanent answer to a missing tooth or teeth.

The clinicians at Cedar Clinic accept referrals from over 200 local dentists but are also happy to see patients who choose to approach the clinic directly.

**How does Cedar Clinic benefit Coach House patients?**

Apart from the obvious benefit of being familiar with the location, patients referred to the clinic by their Coach House dentist experience no delay in being seen for a consultation. Also, the close proximity of the two practices allows Coach House dentists and Cedar Clinic clinicians to work together to ensure seamless care and optimum results.

To find out more, visit Cedar Clinic's website at [www.cedarclinic.co.uk](http://www.cedarclinic.co.uk)

## We all have friends and relatives who are **FRIGHTENED OF THE DENTIST!**

We can help them!

Located within the same building as Coach House Dental Practice, Cedar Clinic offers nervous and frightened patients access to an understanding ear and clinics dedicated to helping them cope with, and eventually overcome, their fear.

However, we know that booking that first dental appointment can seem like an unsurmountable obstacle for nervous and phobic patients. That's why we encourage all nervous patients to get to know us a little first by booking a free appointment to chat to one of our Patient Care Coordinators. It may be that they would like to bring a friend or it could be that the thought of coming to the clinic is in itself, just too frightening. If that should be the case then Lucy or Janet, our Patient Care Coordinators, will be more than happy to arrange for such a conversation to take place by telephone if the patient would find that easier. So help us to help your friend or relative by encouraging them, or a friend on their behalf, to take that first step by phone, email or letter. We know they won't regret it!

Telephone: 01276 63857  
Email: [reception@cedarclinic.co.uk](mailto:reception@cedarclinic.co.uk)  
Letter: Cedar Clinic, 9 Cedar Lane, Frimley, Surrey GU16 7HT  
Website: [www.cedarclinic.co.uk](http://www.cedarclinic.co.uk)

## Good news!

### Car parking update...

We are delighted to report that the car park opposite the practice is now free of wheel clampers. As yet, the new company have not installed pay machines, or displayed terms and conditions of parking, but all information received to date would lead us to believe that the new owners will adopt a much more sensible approach to those people who choose to use the services offered in Cedar Lane and Frimley High Street!

**SPECIAL OFFER**

**FREE PACK OF TEPES<sup>®</sup> WITH EVERY HYGIENE APPOINTMENT**  
(value £10.00)

If you don't clean between your teeth by flossing or by using interproximal brushes, such as Tepes, you miss cleaning 35% of the surface of your teeth.

The mammal with the most number of teeth is the long snouted dolphin with 252.



The first toothbrush with bristles was developed in China during the 1400's. The bristles were taken from pigs, horses and badgers. Nylon bristles were introduced in 1938 by DuPont.

We do hope you have found the contents of this and our previous ezines interesting and informative. However, should you wish to unsubscribe from this service, please let us know by emailing [debbie.fielder@coachhousedental.co.uk](mailto:debbie.fielder@coachhousedental.co.uk)